

ISOLATION AND IDENTIFICATION LACTIC ACID BACTERIA FROM RAW BEEF MEAT

*Hendronoto Arnoldus W. Lengkey*¹, Lovita Adriani¹,
Nooremma Sophianie² and Roostita L. Balia¹

¹Fakultas Peternakan Universitas Padjadjaran, ²Biomerieux Indonesia

hawhengkey@yahoo.com

Presented in

3rd International Conference of Indonesian Societies for Lactic Acid Bacteria (3rd IC-ISLAB)
The Faculty of Agricultural Technology, Gadjah Mada University, Indonesia
January 21 – 22, 2011.

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hawhengkey@yahoo.com

ABSTRACT

*Eighteen presumptive isolates of lactic acid bacteria, has been isolated and identified from raw beef meat. The results of the standard physiological and biochemical test, 7 identified isolates of *Lactobacillus fermentum* I, 4 identified isolates of *Lactococcus lactis* ssp. *lactis* I, 3 identified isolates of *Lactobacillus plantarum* I and 4 identified isolates of *Lactobacillus paracasei* ssp. *paracasei* I. These strains results of this study, indicated that the presence of heterofermentative *Lactobacillus* species in raw beef meat.*

Key words: *lactic acid bacteria, heterofermentative *Lactobacillus* spp, *Lactobacillus fermentum* I, *Lactobacillus lactis* ssp. *lactis* I, *Lactobacillus plantarum* I and *Lactobacillus paracasei* ssp. *paracasei* I*

INTRODUCTION

Lactic acid bacteria refers to a large group of beneficial bacteria that have similar properties and all produce lactic acid as an end product of the fermentation process. They are widespread in nature and are also found in human digestive systems. Although they are best known for their role in the preparation of fermented dairy foods, they are also used for pickling of vegetables, baking, winemaking, curing fish, meats and sausages.

Lactic acid bacteria play an important role in food fermentation process. Lactic acid bacteria have a long history of safe use in the production of fermented foods and beverages. Whereas natural, spontaneous fermentation processes are still common practice in many cases, there is a clear trend towards the use of multiple, defined starter cultures to have a controlled industrial fermentation process. The current role and industrial relevance of the natural, wildtype strains which do not belong to the starter culture but originate from the raw material or the production environment is regarded with interest.

Lactic acid bacteria are therefore excellent ambassadors for an often maligned microbial world. They are not only of major economic significance, but are also of value in maintaining and promoting human health. Moreover, making use of specific properties of new strains may enhance the inherent value of a food product or the food quality, and enables a high flexibility with respect to application for product diversification. Since the strains have to be perfectly adapted to the food environment in which they are to be applied, the use of natural food isolates seems most promising. Traditional fermented food products are a rich source of new interesting starter cultures. The isolation of natural lactic acid bacteria from traditional fermented foods to analyze the biodiversity of such food products as well as to find new species and strains with interesting. Lactic acid bacteria are a source of fine

chemicals of functional and technological importance. It is a group of industrially important microorganisms with generally regarded as safe (GRAS) status.

The lactic acid bacteria as well as other types of microorganisms are also capable of producing and discharging into the environment a great variety of antimicrobial substances, which inhibit the development of microorganisms not suitable for ensiling. The bacteriocides form a class of antibiotic substances whose biosynthesis occurs during or at the end of the exponential stage of lactic bacteria strain growth (Jones, 2000; Stiles, 1996 and Enan et al., 1994 in Vamanu, et al, 2005).

Lactic acid bacteria produce several antimicrobial compounds such as organic acids, ethanol, hydroperoxides and bacteriocins. Lactic acid bacteria, a physiologically related group of gram-positive bacteria, produce a variety of compounds with antimicrobial activity, and they are termed bacteriocin.

Lactobacillus are gram positive and vary in morphology from long, slender rods to short coccobacilli, which frequently form chains. Their metabolism is fermentative: some species are aerotolerant and may utilize oxygen through the enzymes flavoprotein oxidase, while others are strictly anaerobic. While spore bearing lactobacilli are facultative anaerobes, the rest are strictly anaerobic. The growth is optimum at pH 5.5-5.8 and the organisms have complex nutritional requirements for amino acids, peptides, nucleotide bases, vitamins, minerals, fatty acids and carbohydrates.

As their habitat, Lactobacilli are widely distributed in nature and are ubiquitous in humans. They inhabit the mouth, gastrointestinal tract, vagina and other sites. The Lactobacilli include *L. acidophilus*, *L. casei*, *L. fermenti*, *L. cellobiosus*, and *Leuconostoc mesenteroides*. In most instances, identification of these organisms to the species level is not necessary because they usually have little clinical significance. However, it is important to differentiate lactobacilli from streptococci, which can show rod-shaped forms on solid media (Koneman et. al, 1992).

Based on fermentation patterns, the genus is divided into three groups :

1. homofermentative : produce more than 85% lactic acid from glucose.
2. heterofermentative : produce only 50% lactic acid and considerable amounts of ethanol, acetic acid and carbon dioxide.
3. less well known heterofermentative species which produce DL-lactic acid, acetic acid and carbon dioxide.

The genus *Lactobacillus* consists of non-sporulating, gram-positive bacilli that are classified in the family Lactobacillaceae. The genus is defined in part by the metabolic products produced, and the majority of species are homofermentative; that is, they form lactic acid from glucose as the major fermentation product. Heterofermentative species may be encountered that produce about 50% lactic acid and varying amounts of CO₂, acetic acid, and ethanol from glucose.

The lactobacilli are non-endospore-forming, rod-shaped bacteria, varying from long and slender forms to short coccobacilli, at times producing short chains. Pleomorphic forms are sometimes encountered with some tendency to form palisades. Most species are nonmotile.

Additional characteristics for differentiating the lactobacilli from other species of gram-positive bacilli fermentation of glucose, and good growth on tomato juice agar. The helpful differentiating features of lactobacilli are negative catalase reaction, the production of major quantities of lactic acid, and the lack of lateral outgrowth from the stab line in a gelatin tube. Also, the use of enriched thioglycolate broth is helpful to allow differentiation of lactobacilli from streptococci which form chains of cocci.

Lactobacilli are important organisms recognized for their fermentative ability as well as their health and nutritional benefits. They produce various compounds such as organic acids, diacetyl, hydrogen peroxide, and bacteriocin of the bacteriocidal proteins during lactic fermentation (Lindgren and Dobrogosz, 1990, in Ogunbanwo, et al., 2003).

The genus *Streptococcus* belongs to the family *Streptococcaceae*. These organisms are gram-positive, catalase negative bacteria that tend to grow in pairs and chains. The detection of cytochrome enzymes with the catalase test distinguishes members of the *Micrococcaceae* (catalase positive) from the members of the *Streptococcaceae* (catalase negative). In recent years, the taxonomy of the streptococci and *Streptococcus*-like bacteria has undergone extensive revision and expansion.

The general characteristics of streptococci are facultative anaerobes; in fact, some strains will grow better under anaerobic conditions. Many isolates are also stimulated by an atmosphere containing increased CO₂ (e.g. 5%-7%). Medically important streptococci, enterococci, and aerococci are homofermentative, meaning that the sole product of glucose fermentation is lactic acid. Streptococci are also oxidase negative, a property that, together with Gram stain, differentiates streptococci from *Neisseria* species.

The composition of the cell wall of the streptococci is similar to that of other gram-positive bacteria, being primarily of peptidoglycan in which a variety of carbohydrates, teichoic acids, lipo-proteins, and surface protein antigens are embedded. Some streptococcal species may be grouped serologically on the basis of cell-wall carbohydrate antigens.

The lactic acid bacteria (LAB) including the genera *Lactobacillus*, *Lactococcus*, *Leuconostoc* and *Pediococcus*, have long been used in fermentation to preserve the nutritive qualities of various foods. The major function of a starter culture is the production of lactic acid at a suitable rate to ensure a consistent and successful fermentation. Other functions include the production of flavour compounds such as diacetyl and CO₂, from citrate by mesophilic cultures, and acetaldehyde from lactose by thermophilic cultures; acting as a source of proteolytic enzymes during growth in milk and ripening of many cheeses; and finally contributing to the preservation of the fermented product as a consequence of a number of inhibitory metabolites produced by the lactic cultures (O'Keeffe and Hill, 1999). The major metabolite of lactic acid bacteria is lactic acid. The production of this organic acid is responsible for the associated drop in pH, which may be sufficient to antagonize many microorganisms.

Lactic acid bacteria convert sugars to lactic acid. Flavors are produced as well and the increased acidity of the product helps to prevent the growth of unwanted spoilage bacteria and pathogens. Changes in texture may also occur. Lactic acid bacteria has been used to ferment or culture foods for at least 4000 years. They are used in particular in fermented milk products from all over the world, including yoghurt, cheese, butter, buttermilk, kefir and koumiss. In Algeria, dairy products are prepared from cow and goat's milk including cheese and curds (leben and rayeb). In these products, the species composition of lactic acid bacteria is more varying and inconsistent when compared with those of the trade products (Guessas and Kihal, 2004). Lactic acid bacteria widely distributed in the nature and occurring naturally as indigenous microflora in raw milk are Gram-positive bacteria that play an important role in many food and feed fermentations. In this group are included representatives of the genus *Lactobacillus*, *Lactococcus*, *Pediococcus* and *Leuconostoc*. The lactic acid fermentation, which these bacteria carry out, has long been known and applied by humans for making different foodstuffs. For many centuries lactic acid bacteria have served to provide an effective form of natural preservation. In addition, they strongly determine the flavor, texture and, frequently, the nutritional value of food and feed products.

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The major metabolite of lactic acid bacteria is lactic acid. The production of this organic acid is responsible for the associated drop in pH, which may be sufficient to antagonize many microorganisms. In addition to a direct effect of the pH, the undissociated form of the molecule can cause the collapse of the electrochemical proton gradient of susceptible bacteria, leading to bacteriostasis and eventual death (O'Keeffe and Hill, 1999).

Lactic acid bacteria produce various compounds such as organic acids, diacetyl, hydrogen peroxide, and bacteriocins or bactericidal proteins during lactic acid fermentations (Oyetayo et al, 2003). The bacteriocins from the generally recognized as safe (GRAS) lactic acid bacteria (LAB) have arisen a great deal of attention as a novel approach to control pathogens in food-stuffs. Research on Bacteriocins from lactic acid bacteria has expanded during the last decades, to include the use of bacteriocins or the producer organisms as natural food preservatives (Savadogo, et al, 2004a). The lactic acid fermentation, which these bacteria perform has long been known and applied by the humans for making different food stuffs. According to Savadogo, et al (2004b), there are eight strains of lactic acid bacteria in Burkina Faso fermented milk, and identified as *Lactobacillus fermentum*, *Pediococcus spp.*, *Leuconostoc mesenteroides subsp. mesenteroides* and *Lactococcus sp.* Savadogo also stated that in a general way the genus usually met in traditional fermented milk are *Lactobacillus*, *Leuconostoc*, *Lactococcus*, *Streptococcus* and *Pediococcus*.

MATERIALS AND METHODS

Isolation and identification of lactic acid bacteria.

The lactic acid bacteria were isolated from raw beef meats, by appropriate dilutions with NaCl physiological. Decimal dilution of these samples were mixed with MRS medium (AEB, France) and incubated at 37°C for 48-72 h. Pure cultures were maintained in MRS agar at 4°C for short term use. Eighteen well-isolated colonies were picked up and transferred to MRS broth. They were propagated twice and streaked on MRS broth to check the purity of the isolates and then stored in MRS agar and overlaid with MRS agar for the anaerobic condition. Selection of strains was made in agreement with morphology, Gram stain, viability during storage at 4°C .

The identification of the cultures was based on the characteristics of the lactic acid bacteria as described in Bergey's Manual of Determinative Bacteriology, fermentation of different carbon sources (API 50 CHL, bioMerieux SA, France), gas production from glucose, growth at different temperatures.

Sugar fermentation profiles of isolates.

The abilities of these isolated strains to produce acids from different carbohydrates was determined by API 50 CHL test kit (bioMerieux SA, France). The API test strips were prepared as recommended by the kit supplier and scored after incubation for 24 and 48 hours at 37°C. The results were communicated to the APIWEB, which used the phenotypic data to predict a species for each isolate. Interpretations of the fermentation profiles were facilitated by systematically comparing all results obtained for the isolates studied with information from the computer-aided database, in which the identification of a microorganism is accompanied by the following information : (i) The percentage of identification (%ID) is an estimate of how closely the profile corresponds to the taxon relative to all the other taxa in the database. (ii) The T-index represents an estimate of how closely the profile corresponds to the most typical set of reactions for each taxon. Its value varies between 0 and 1, and is inversely proportional to the number of atypical tests. (iii) Comments on the quality of identification derived from the %ID and the T-index of the selected taxon (excellent identification %ID > 99.9 and T>0.75).

RESULTS AND DISCUSSION

Lactic acid bacteria. Eighteen isolates of LAB were isolated from the samples. After series of purification on MRS agar, eighteen isolates were found to be Gram-positive, catalase negative, non-motile bacilli. The results of the isolation and identification of the standard physiological and biochemical tests were identified the isolates as 7 isolates of *Lactobacillus fermentum* I, 4 isolates of *Lactobacillus paracasei* ssp. *paracasei* I, 3 isolates of *Lactobacillus plantarum* I, and 4 isolates of *Lactobacillus lactis* ssp. *lactis* I.

Table 1 presents the results of the best four final identifications for each type of isolates on API gallery.

Table 1. Results of the biochemical tests for the identification of the isolated strains by using API gallery

Isolated strains	Identification	%ID	T-index
<i>Lactobacillus fermentum</i> I	Acceptable identification	84.7	0.41
<i>Lactobacillus paracasei</i> ssp. <i>paracasei</i> I	Acceptable identification	84.4	0.43
<i>Lactobacillus plantarum</i> I	Acceptable identification	80.5	0.46
<i>Lactobacillus lactis</i> ssp. <i>lactis</i> I	Acceptable identification	84.7	0.47

CONCLUSIONS

The results obtained in this study revealed the presence of a wide variety of Lactic acid bacteria (LAB) in the beef raw meat. Some of the isolated and identified LAB shows as *Lactobacillus fermentum* I, *Lactobacillus paracasei* ssp. *paracasei* I, *Lactobacillus plantarum* I, and *Lactobacillus lactis* ssp. *lactis* I.

For further researches, we can get the antimicrobial compounds produced by lactic acid bacteria, to prove that these bacteria have a competitive advantage over other pathogenic microorganisms. Because lactic acid bacteria have capability of producing good amount of bacteriocins, that have been anticipated to have enormous potential for applications as biopreservatives. These researches are vital in the sense that functional properties in lactic acid bacteria improved the preservative effects to the meat, meat products and other food and feed. Also the lactic acid bacteria have an essential role in the meat fermentation and food fermentation processes, as we known was food preservation of fermented foods, and the isolated strains can positively have impact on their use as starter cultures for fermented and other food production.

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