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DISTRIBUTION OF GLEASON SCORE IN PROSTATE ZONES AMONG PROSTATIC CANCER PATIENTS

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ABSTRAK

Tujuan Penelitian: Mengevaluasi distribusi Gleason score pada berbagai zona prostat. **Bahan & Cara:** Dilakukan analisis terhadap 20 spesimen blok parafin prostatektomi radikal untuk menilai distribusi Gleason score pada berbagai zona prostat. Spesimen diwarnai menggunakan hematoxilin eosin. **Hasil Penelitian:** Diantara 20 spesimen, 16 (80%) spesimen memiliki lebih dari satu fokus keganasan. Kebanyakan fokus keganasan ditemukan di zona perifer (95%), hanya satu spesimen memiliki satu fokus saja pada zona transitional. Lebih dari seengah (55%) dari spesimen prostate memiliki tiga Gleason grade. Hanya satu spesimen memiliki Gleason grade tunggal. **Simpulan:** Hasil penelitian ini mengkonfirmasi sifat karsinoma prostate yaitu heterogen, multi-fokal dan multi-zonal, dengan lokasi predominan di zona perifer. Hampir seluruh fokus pada zona transitional ditemukan bersamaan dengan fokus pada zona perifer.

Kata kunci: Karsinoma prostate, zona prostat, Gleason score.

ABSTRACT

Objective: To analyze the distribution features of Gleason score in the different prostate zones. **Material & Method:** Twenty paraffin block specimens of radical prostatectomy were analyzed looking for Gleason score distribution in each zone. Specimens were stained with Hematoxilin Eosin. **Results:** Among the 20 cancers, 16 (80%) specimens had more than one focus. Most foci were found in peripheral zone (95%), only one specimen contained foci solely found in transitional zone. More than half (55%) prostate specimens contain three different Gleason grades. Only one specimen contained a single grade. **Conclusion:** Our results confirm the heterogeneous, multifocal, and multizonal nature of prostate carcinomas. Most specimens had more than one tumor focus, with predominant location in the peripheral zone. Almost all transition zone foci were found concomitantly with peripheral zone foci.

Keywords: Prostate cancer, prostate zones, Gleason score.

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INTRODUCTION

Prostate carcinoma is a heterogeneous disease that exhibits considerable histologic and anatomic variability.¹ Many of the difficulties in understanding diseases of the prostate have arisen through poor understanding of the anatomy of the prostate. The recent description of histological separate zones in the prostate has been an important advance, allowing evaluation of separate cancers arising in various zones of the prostate.²

The Gleason grading system remains one of the

most powerful prognostic factors in prostate cancer and is the dominant method around the world in daily practice. The Gleason grading system should be performed in needle core biopsies and radical prostatectomy specimens where it shows a reasonable degree of correlation between both specimens, and most importantly, it remains vital in the treatment decision-making process.³

Detailed characterization of prostate carcinoma distribution in various zones, particularly Gleason score, could lead to improved detection procedures and biopsy strategies.